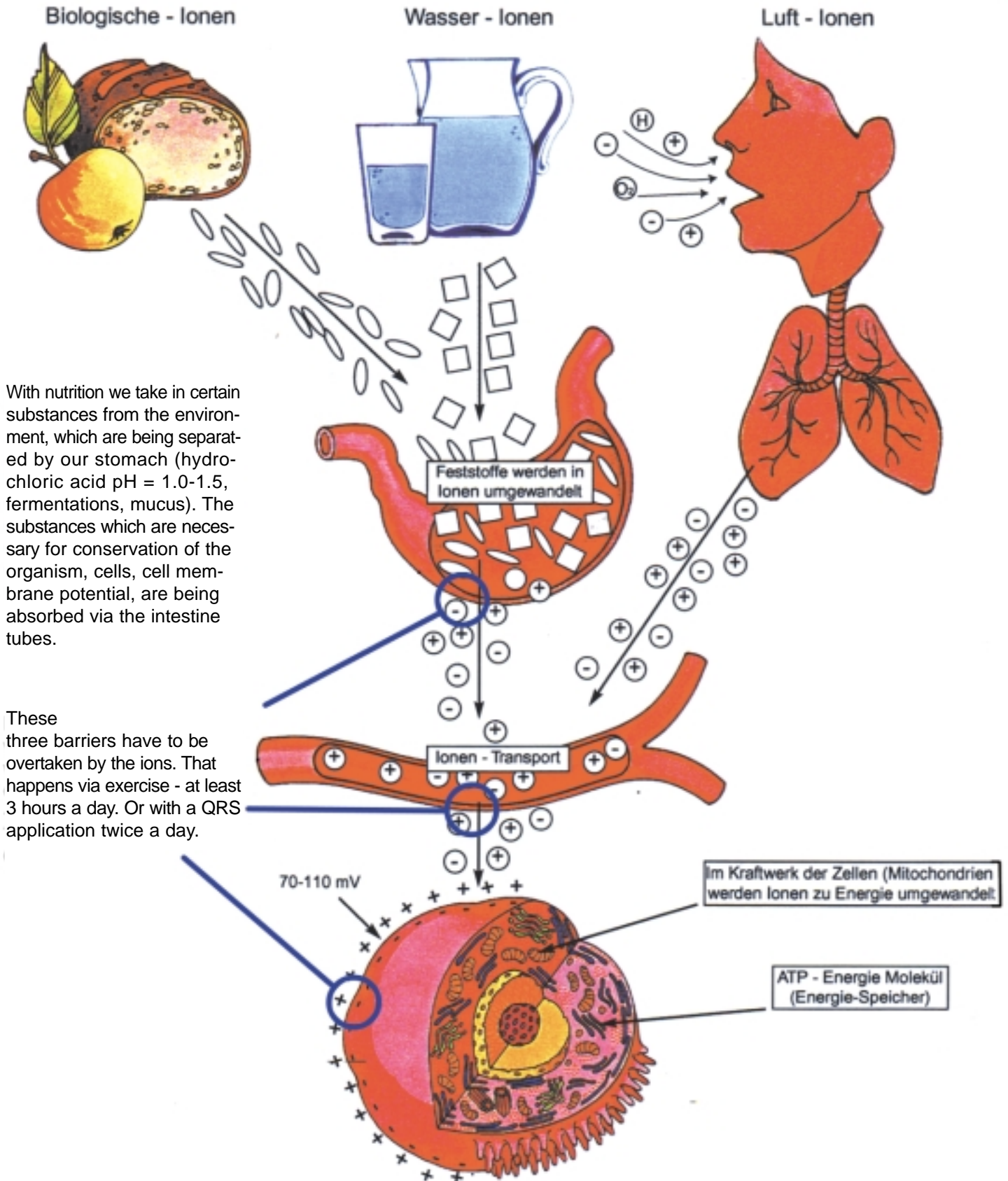


# THE HUMAN BEING IS LIVING ON IONS!



With nutrition we take in certain substances from the environment, which are being separated by our stomach (hydrochloric acid pH = 1.0-1.5, fermentations, mucus). The substances which are necessary for conservation of the organism, cells, cell membrane potential, are being absorbed via the intestine tubes.

These three barriers have to be overtaken by the ions. That happens via exercise - at least 3 hours a day. Or with a QRS application twice a day.